

Communicable Disease Plans (including COVID) for Camp Belknap Families

Updated 2/15/24

Our focus is to strive to operate Camp Belknap safely in our residential community setting that has 290 campers and 100 in staff that sleep, eat and play together while still maintaining our mission. The plans for prevention of illness and requirements may be updated with the help of the Belknap medical advisory group if we see increase in transmission of any communicable illness in camp or if there are changes to state/licensing guidance, CDC, and/or American Camp Association guidelines. You will be notified via email if there are any updates prior to your camper arrival. Thank you for your continued support and flexibility. Please see plans for 2024 below.

1. Pre-Arrival Expectations: The key to a healthy camp is arriving to camp healthy.

Belknap summers, particularly the last three years, have been successful because camper families were careful prior to arrival. We encourage you to continue to engage in low-risk activities to help keep us all safe. ie- an indoor concert with 20,000 people unmasked is not a good idea prior to arrival.

If your camper has had any of the following in the 2 weeks prior to attending camp, we ask that you notify and have a conversation with the health staff at (603) 569-3475 or email adminCB@campbelknap.org prior to arriving (and do not come to camp without approval):

- **COVID positive test within 10 days of arrival at camp**
- **Exposed to someone in the same household who has COVID within 5 days prior to arrival at camp**
- **Any illness symptoms in last 10 days including** fever, fatigue, headache, cough, sore throat, congestion (not related to allergies), difficulty breathing, loss of taste, loss of smell, nausea, constipation, diarrhea, rash. We want to discuss and determine when appropriate to enter camp.
- **Has started on an antibiotic/new treatment.**

PLEASE BE AWARE: If we determine your child is sick on the first day of the session, we will request you take him home until he has completed isolation and until symptoms improved/resolved and no longer contagious.

Testing Prior to camp arrival- If your camper does have symptoms in the 10 days prior, we recommend you test at home – whether that be a COVID home test or going to an urgent clinic for other testing such as Flu or strep. Testing at home in the week prior may be a gentler way to discover the news of a positive illness than on check in day.

If your camper will still be in isolation at home at the start of camp, we can work closely with your family to determine late arrival or a different time/session in the summer for your camper to attend.

2. **COVID Vaccination:** Belknap highly recommends campers receive up-to-date vaccination for COVID. However, at this time, COVID vaccination is not a requirement to attend camp.
3. **COVID Testing:** At this time, Belknap will not do arrival (check in day) or screening testing. However, testing will be completed by health staff using on site antigen testing if symptoms are present.
4. **Check-In:** Check in will include health screening (list of questions) and lice check. There will not be COVID antigen testing for all campers or staff. Belknap health team may choose to use COVID antigen testing with a particular camper if arriving with symptoms.
5. **Late Arrivals:** In order to maintain the health of camp, late arrivals will be accepted only on case-by-case pre-approved by the health team.
6. **Symptomatic and Positive COVID at camp:** Any camper that tests positive for COVID at camp will be sent home to complete isolation. We request a camper be picked up within same day of diagnosis. We will work closely with your family to determine return to camp or return to different session if symptoms arose near the start of the session.
7. **Positive COVID case in the cabin:** The other campers that are in the same cabin as a camper who is identified as positive (close contacts) will stay at camp and be monitored for symptoms. If symptoms are identified in a camper, he will be antigen tested on site. Remaining campers (close contacts) may be required to wear a mask in indoor settings.
8. **Other communicable illnesses at camp:** Because we all live and sleep closely, illness in general can spread quickly through camp. If a camper is not feeling well during camp he can report to the health center during sick call. The health team will help determine if and when care, rest and testing (such as strep test) is needed. If symptoms appear contagious camper will reside in health center until no longer contagious (such as 24 hours after starting an antibiotic for strep) or may require a pick up if extended illness.