

Camp Belknap Pre-Arrival SESSION 5 ONLY

COVID Testing Requirements

Camp Belknap plans to use COVID testing as a part of our 2021 plan for entry and admittance to camp, diagnostic (symptoms) and ongoing monitoring. The following outlines our requirements for pre-arrival COVID-19 Testing.

All campers attending Camp Belknap are required to have a Covid-19 PCR-based test conducted 3 to 5 days prior to camp arrival. The results must be complete, and campers must arrive with a printed confirmation of a negative Covid-19 PCR-based test.

Reminder: once campers are swabbed for a PCR test, we ask that they interact only with their household family members and engage in low-risk behaviors to prevent COVID exposure between the time of testing and arrival at camp. For details, please refer to pre-camp expectations for [VACCINATED](#) or [UNVACCINATED](#) campers.

What is a PCR-based test?

A Polymerase Chain Reaction (PCR)-based test is conducted to determine if a person is infected with SARS-CoV-2. More specifically, a PCR test looks for genetic material from the COVID virus itself. By contrast, rapid testing is usually antigen testing, which looks for cellular evidence of the body's response to the virus, but not the actual virus. The PCR test is the most accurate and reliable test for COVID-19, the "gold standard."

If you want more information on different types of testing, you can read this:

<https://www.fda.gov/consumers/consumer-updates/coronavirus-disease-2019-testing-basics>

Again, Belknap can only accept a PCR test, not an antigen test. This is a state requirement for camp admission.

Where can I get tested?

Look on your local state websites or contact your primary care providers. This link might help:

<https://www.hhs.gov/coronavirus/community-based-testing-sites/index.html>

Many drug stores such as CVS, Walgreens, Rite Aid, along with walk-in clinics, are now offering Covid-19 testing. **Just make sure, wherever you go, that it is a PCR test, not a rapid antigen test.**

Can I do a rapid test?

Maybe. Currently, most rapid testing is antigen testing, which the State of NH will not accept for camp admission. There are some instances of rapid PCR testing, but it is less common. Bottom line: rapid vs. slow does not matter; PCR vs. antigen does. Again, we **cannot accept an antigen test per the NH guidelines and regulations.** If you have further questions, please let us know.

How will the camp get the results?

You will hand carry a copy of the results with you to camp. We need a hard copy, not a screen shot or photo of the result. Your camper will not be able to remain at camp without documentation of a negative PCR test performed 3-5 days before camp, by order of the state of New Hampshire. Additionally, you may be asked to upload this document to his CampDoc medical record.

What if my child has had COVID?

If your child has had a Covid-19 infection within 90 days of camp arrival, your child does NOT have to be tested. However, you must upload documentation showing a positive Covid-19 test result to Camp Doc. We also require you to bring a hard copy of the result on arrival day.

Will campers still be tested on arrival day even if they are vaccinated?

Yes, all campers vaccinated and unvaccinated will also be tested upon arrival at camp. If the test is positive, the camper will not be allowed to enter/attend that session.

What if I still have questions about testing?

Call camp or email the Camp Belknap COVID Team at teamc@campbelknap.org