Camp Belknap
Pre-Camp Expectations

For an UNVACCINATED or partially vaccinated camper

Updated May 25, 2021

Vaccination is not considered complete until 2 weeks after the final injection. This means if your camper received his 2nd dose of Pfizer on July 1 and he is scheduled to come to camp on July 11th, your camper is NOT considered vaccinated.

Our current expectations for pre-camp activities are based on current CDC, American Camping Association and New Hampshire State Guidance. We must insist that all families of unvaccinated or partially vaccinated campers meet the following pre-camp expectations.

14 days before camp:
Engage in low-risk activities, with the understanding that COVID-19 can incubate for up to fourteen days. Specifically, we ask the following:

1. Continue to heed social distancing and masking requirements. We know that after a long year and a half and with community vaccination rates rising, masking and social distancing is getting somewhat lax. It is imperative that your unvaccinated camper continues to follow masking and social distancing guidelines in the 2 weeks before camp, even if this means increasing mask use during this time. This applies to every setting—social, educational, athletic, religious, and familial. Your unvaccinated camper should not be mask less within six feet of any person except immediate household members during this time. Review your social ‘pod’ and suspend contact with friends or family members who are not compliant with safety measures. Think of your camper as being in a modified quarantine during this time.

2. Please avoid events with other unvaccinated or indeterminately vaccinated people such as family reunions, graduations, birthday parties, funerals, weddings, concerts, and indoor restaurants. Slumber parties, sleepovers, and team travel sports events (with concern for carpooling, team meals, hotel stays) are high risk activities and campers must not participate in them within 2 weeks prior to camp.

3. Any sports activities must be done with proper masking and distancing. If your team has allowed the use of locker rooms, please stop your child’s use of the team locker room in the 14 days prior to camp.

4. We do understand that first session campers may well be attending school. As above, please reinforce all safe masking, distancing, and hygiene measures.
7 days before attending camp:

Continue with the measures outlined above, with concerted and consistent emphasis on masking and distancing, and follow these additional precautions:

1. Stop all sports participation for contact sports (wrestling, football, basketball, lacrosse, rugby, competitive martial arts). Other sports participation may happen only if masked and distanced. No sports competitions or tournaments should happen within seven days of camp.

2. It is most imperative during this time that your camper is not mask less or improperly masked within six feet of any person who is unvaccinated or whose vaccination status is unknown, including family members. This will mean limiting your camper to essential activities with essential, fully vaccinated people. Please remind all household members to eliminate any unnecessary risks.

3-5 days before camp:

Get your COVID PCR test. **You must arrive at camp with a negative PCR test** that is no older than five days. Once tested:

1. Campers may not attend school.
2. No sports practices.
3. Campers may not attend day camp or other childcare.
4. Please be very careful of your camper’s contact with family/household members who are working outside of the house, attending school, day camp/childcare, or sports activities.

5. **If any of your camper(s) are feeling sick or have any COVID symptoms, please plan to stay home.** Also plan to stay home if you have been in close contact with a person with a positive test. Please contact camp to talk with the health team and do not arrive at camp on check-in day.

6. If your camper has allergies or allergic symptoms during this time, please contact the health center immediately so that we may discuss whether or not your camper needs to be seen by medical personnel or tested prior to camp arrival.

**Travel**

The current NH State guidelines do not require that travelers quarantine for domestic travel. Any unvaccinated campers traveling internationally must quarantine in the United States for 10 days prior to arrival at camp.

It is essential that your family still follow the pre-camp behavioral expectations. Also follow CDC guidelines for travel and consider ways to reduce COVID transmission in travel including consistent and appropriate masking, direct travel/fewer lay-overs and packing food for travel/avoiding restaurants.