

Camp Belknap Pre-Camp Requirements

Updated 4/13/21

Our current expectations for pre-camp activities are based on current CDC, American Camping Association and NH State Guidance. We will require all families to meet the following pre-camp expectations:

14 days before camp:

Engage in low-risk activities, with the understanding that COVID-19 can incubate for up to fourteen days. Specifically, we ask the following:

1. Think of your camper as being in a modified quarantine during this time. All family members must wear a mask and social distance, even when outside. Only members of the immediate household can be together without these safety measures.
2. Do not attend social gatherings with more than 2 households. Please avoid family reunions, graduation, birthdays, parties, funerals, weddings, concerts, and restaurants, even if these events are outside. Slumber parties, sleepovers, and sports tournaments are high risk activities and campers must not participate in them within 2 weeks prior to camp.
3. In group situations, please review the safety guidelines to prevent COVID transmission and insist that your child follow them. This means that sports practices and day camp attendance must be done with proper masking, social distancing, and hygiene. If your team has allowed the use of locker rooms, please avoid this during the 14 days prior to camp. Do not share sports equipment during this time.
4. Review your social 'pod' and eliminate contact with friends or family members who are not compliant with safety measures.
5. We do understand that first session campers may well be attending school. As above, please reinforce all safe masking, distancing and hygiene measures. If your camper is not double-masking at school, consider doing this in these weeks.

7 days before attending camp:

Continue with the measures outlined above and follow these additional precautions:

1. Stop all sports participation for contact sports (wrestling, football, basketball, lacrosse, rugby, competitive martial arts). No sports competitions, tournaments or otherwise, should happen within seven days of camp.
2. Restrict your child's activities outside the house to only the essential activities (such as school). Please remind all household members to eliminate any unnecessary risks.
3. Start documentation of pre-arrival symptom questionnaire. More information will be provided prior to the start of the summer.

3-5 days before camp:

Get your COVID PCR test. Remember, you must arrive at camp with a negative PCR test that is no older than five days. Once tested:

1. Campers may not attend school.
2. No sports practices.
3. Campers may not attend day camp or other childcare.
4. Please be very careful of your camper's contact with family/household members who are working outside of the house, attending school, day camp/childcare, or sports activities.
5. If any of your camper(s) are feeling sick or have any COVID symptoms please plan to stay home. Also plan to stay home if you have been in close contact with a person with a positive test. Please contact camp to talk with the health team and do not arrive at camp on check-in day.

Travel

- The current NH State guidelines do not require that travelers quarantine for domestic travel.
- Any campers traveling internationally must quarantine in the United States for 10 days prior to arrival at camp.
- It is essential that your family still follow the pre-camp behavioral expectations. Also consider ways to reduce COVID transmission in travel including direct travel/less lay-overs and pack food for travel/avoid dining in restaurants.