

Camp Belknap
Pre-Camp Expectations
For a VACCINATED Session 5 camper
Updated August 9, 2021 (changes and edits are in red)

Vaccination is not considered complete until 2 weeks after the final injection. This means if your camper received his 2nd dose of Pfizer on July 1 and he is scheduled to come to camp on July 11th, your camper is NOT considered vaccinated. Your camper must then follow the expectations for unvaccinated campers.

Our current expectations for pre-camp activities are based on current CDC, American Camping Association and New Hampshire State Guidance. While we understand that vaccination nearly eliminates the chance of infection and transmission of virus, we must still insist that fully vaccinated campers and families meet the following pre-camp expectations to protect the members of the Belknap community who will not be vaccinated, and to ensure a safe and fun summer.

14 days before camp:

Engage in low-risk activities, with the understanding that COVID-19 can incubate for up to fourteen days. Specifically, we ask the following:

1. Continue to heed social distancing and masking requirements. We know that after a long year and a half and with community vaccination rates rising, masking and social distancing is getting somewhat lax. It is imperative that your vaccinated camper continues to follow masking and social distancing guidelines in the 2 weeks before camp, even if this means increasing mask use during this time. This applies to every setting—social, educational, athletic, religious, and familial. Your vaccinated camper should not be mask less around any unvaccinated person except immediate household members during this time. Review your social ‘pod’ and suspend contact with friends or family members who are not compliant with safety measures. Think of your fully vaccinated camper as being in a modified quarantine during this time.
2. Please avoid events with unvaccinated or indeterminately vaccinated people such as family reunions, graduation, birthday parties, funerals, weddings, concerts, and indoor restaurants. Slumber parties and sleepovers, including team travel sports events (with concern for carpooling, team meals, hotel stays) are high risk activities and campers must not participate in them within 2 weeks prior to camp.
3. Any sports activities must be done with proper masking and distancing. If your team has allowed the use of locker rooms, please stop your child’s use of the team locker room in the 14 days prior to camp.
4. We do understand that first session campers may well be attending school. As above, please reinforce all safe masking, distancing, and hygiene measures.

7 days before attending camp:

Continue with the measures outlined above, with concerted and consistent emphasis on on masking and distancing, and follow these additional precautions:

1. Stop all sports participation for contact sports (wrestling, football, basketball, lacrosse, rugby, competitive martial arts). Other sports participation may happen only if masked and distanced.
2. No unmasked activities with anyone outside your immediate household.

3-5 days before camp:

Continue with the measures outlined above, with concerted and consistent emphasis on masking and distancing. While we do not have specific stepped-up measures for vaccinated campers at this point, we do expect that campers and families will be doubling down on all masking and distancing measures, that campers will be reducing their movements to that which is absolutely essential, and that contact with unvaccinated or indeterminately vaccinated family members and peers will have been eliminated by this time.

1. **As of August 6th our guidance has changed, all campers must now arrive at camp with a negative PCR test that is no older than five days. Please plan to show your document at check-in and also upload to the campdoc camper health record.**
2. **Please plan to have a copy of your vaccination record/card to upload to camp doc and also provide on check-in day.**
3. **If any of your camper(s) are feeling sick or have any COVID symptoms, please plan to stay home.** Also plan to stay home if you have been in close contact with a person with a positive test. Please contact camp to talk with the health team and do not arrive at camp on check-in day.
4. If your vaccinated camper has allergies or allergic symptoms during this time, please contact the health center immediately so that we may discuss whether or not your camper needs to be seen by medical personnel or tested prior to camp arrival.

Travel

The current NH State guidelines do not require that vaccinated travelers quarantine for domestic or international travel. However, it is essential that your family still follow the pre-camp behavioral expectations. Also follow CDC guidelines for travel and consider ways to reduce COVID transmission in travel including consistent and appropriate masking, direct travel/fewer lay-overs and packing food for travel/avoiding restaurants.